

Resources for Rehabilitation Psychology Trainees and Supervisors in COVID-19

Disability Resources

- [gradPSYCH Blog](#): Disability Resources for Students, Paid trainees, Faculty, and Supervisors during COVID-19 (Kuemmel & Wilbur, 2020)
- [Webinar](#): Supervising Students with Disabilities: Raising Awareness & Cultural Competence (Kuemmel & Wilbur, 2020)
- [Webinar](#): Raising Awareness and Developing Disability Cultural Competence in the Supervisory Relationship (Wilbur, Kuemmel, & Samuels, 2018)
- [TEPP Journal Article](#): Who's on first? Supervising psychology trainees with disabilities and establishing accommodations (Wilbur, Kuemmel, & Lackner, 2019)
- [RP Journal Article](#): Providing culturally competent supervision to trainees with disabilities in rehabilitation settings (Andrews, Kuemmel, Williams, Pilarski, Dunn, & Lund, 2013)
- [National Disability Rights Network](#): COVID-19 and Education of Students with Disabilities Resources
- [National Deaf Center](#): COVID-19 Resources for Deaf Students

Official COVID-19 Statements, Resources, and FAQ

- [APA COVID-19 Education FAQs](#)
- [Joint Statement from APA, CPA, APPIC, and ASPPB](#)
- [APPIC Statement](#)
- [APPIC Postdoc Committee Statement on COVID-19](#)
- [APPIC FAQs](#)
- [APA Commission on Accreditation](#)
- [OAA COVID-19 FAQs](#) – For VA supervisors and trainees: Office of Academic Affiliations COVID-19 FAQs related to Health Professional Trainees Education and VA Reimbursement
- [Minneapolis VA Training Guidelines Re: COVID-19](#) Example of Guidelines Provided to Trainees

APA/APAGS COVID-19 Resources

- [gradPSYCH Blog](#): Information and Guidance During the COVID-19 Pandemic
- [APA Practice](#): Advice for psychology supervisors and trainees on caring for patients during the COVID-19 crisis
- [APA Psychological Assessment](#): COVID-19 considerations for those who teach, train, and supervise graduate students and trainees in psychological assessment

- [APAGS Facebook Group for COVID-19](#)
- [ANST COVID-19 Resources](#)

Research Trainees

- [NIH Office of Intramural Research](#): COVID-19 Guidance and Resources
- [Virtual NIH Activities for Trainees](#)
- [Becoming a Resilient Scientist: Setting Reasonable Expectations and Healthy Boundaries for Ourselves and With Our Supervisors](#)
- [Stress Management and Self-care for Scientists During COVID-19 and Beyond](#)
- [NIH Grants and Funding](#): COVID-19 Information for NIH Applicants and Recipients
- [COVID-19 Research Funding Opportunities](#)

Telepsychology

- [UNT Manual](#): Telepsychology Clinician and Supervisor Manual
- [National Register Webinar](#): Pragmatics of Telepsychology Practice in the Age of COVID-19
- [Telehealth Resources](#): Google Document from Division 22
- [Div 12 Telepsychology Resources](#)
- [The Testing Psychologist](#): APA Guidance for Tele-Assessment w/ Dr. Jordan

Accessibility

- [Critical Design Lab Blog](#): Accessible Teaching in the Time of COVID-19
- [University of South Dakota](#): Center for Disabilities COVID-19 Resources
- [Explore Access](#): Tools for Promoting Disability Access and Inclusion
 - [Access to Mental Health](#)
 - [Creating Accessible Documents](#)
 - [Disability as Diversity Programming](#)
 - [Refocus: Viewing the Work of Disability Services Differently](#)
 - [Social Media Accessibility Toolkit](#)

Self-Care

- [National Register Webinar](#): Sustaining Ourselves in Challenging Times: Ethical and Risk Management Perspectives
- [ACEs Aware Webinar](#): Taking Care of Our Patients, Our Teams, and Ourselves: Trauma-Informed Practices to Address Stress Related to COVID-19
- [COVID Coach](#): Free and secure mobile app to help build resilience, manage stress, and increase well being during the COVID-19 crisis (for veterans, service members, and the general public)

- [Strategies and Tools for Dealing with Stress During the Coronavirus Pandemic](#): Topics covered include shifting and rebuilding routines, and worry about educational and career goals.
- [Managing the Stress and Anxiety around COVID-19](#):
- [Headspace](#): Meditation App
- [Sanvello App](#), for anxiety support
- [Integrative Health Resources](#): Listing of apps, including: Personal Zen, Take a Break!, MindShift, T2 Mood Tracker, RelaxMelodies, Calm (sleep), Sleep Time
-

Families and Caregivers

- [APA Research in Action](#): Advice for Caregivers of Children with Disabilities in the Era of COVID-19
- [NYC Training and Technical Assistance Center](#): Supporting Families and Caregivers of Infants and Young Children Affected by the COVID-19 Pandemic
- [Care.com Resource Guide](#): 30 Free Days Premium Access

General Distance Learning Courses/Webinars

- [Palouse Mindfulness](#): Online Mindfulness-Based Stress Reduction (MBSR) Course
- [Rehabilitation Engagement Collaborative](#): Resources for rehabilitation psychologists and trainees
- [Cognitive Behavioral Therapy for Insomnia](#): CBT-I Training for Providers
- [APA Health Disparities Webinars](#): Eliminating Health Disparities by Advancing Health Equity
- [Center for Deployment Psychology](#): Courses and Webinars for professionals working with health service providers
- Podcasts: These can be found to listen and download on your apple podcast app, or wherever you go to listen.
 - Podcasts related to rehabilitation psychology:
 - [RUSK Insights on Rehabilitation](#): “Experts from NYU Langone’s Rusk Rehabilitation discuss the latest research and treatment options . . . The weekly podcast is hosted by Tom Elwood, DrPH. Dr. Elwood is the retired executive director of the Association of Schools of Allied Health Professions in Washington, DC, and is the author of two books on allied health.”
 - [Brooks Rehabilitation Podcast](#): Listen in as expert clinicians at Brooks Rehabilitation share insights on “the most advanced therapy and medical care in medical rehabilitation services”

- [APA Division 22](#): listen to two episodes developed by your own APA div 22! Listen to what the active ingredients of rehabilitation psychology are, as well as on the topic of resilience, depression, PTSD, and TBI among veterans.
- [ACRM's RehabCast](#): “The official monthly podcast of the Archives of Physical Medicine and Rehabilitation. Hosted by Dr. Ford Vox, MD, Shepherd Center, RehabCast features in-depth interviews with scientists publishing in the journal and news briefs relevant to all rehabilitation clinicians — PM&R physicians, physical therapists, occupational therapists, speech-language pathologists, psychologists and more.”
- Podcasts related to neuropsychology:
 - [Navigating Neuropsychology](#): A podcast that presents “cutting edge scientific findings, debate and discuss important topic areas, and interview experts in a variety of brain-behavior related fields.”
 - [Brain Science with Ginger Campbell](#): “Dr. Campbell is an experienced Emergency and Palliative Medicine physician with a long-standing interest in mind-body medicine, the brain, and consciousness. In this podcast she shares recent discoveries from the world of neuroscience in a way that people of all backgrounds can enjoy”